



Group Presents Its Healthy Vegetarian/Vegan Line

Hamburger

The Hamburger is one of the classics in our extensive product line. A tasty treat that fits well within everyday hot meal. It is also great on a bun topped with vegetables and sauce. This Vegetarian/Vegan Hamburger is enriched with vitamins and minerals, making it an integral component of any meal. The Hamburger weighs 85 grams.

Ingredients:

For vegetarian enriched ground wheat (for gluten free, instead of enriched ground wheat, potato or rice starch is used) *, textured vegetable protein, sea salt, hydrolyzed vegetable protein, black pepper oil, sunflower oil, natural smoke flavor, dried spices (garlic, onion, paprika, and black pepper), dried vegetables (tomato, bell pepper, spinach and carrot), xanthan gum, color (plain caramel / burned sugar), mineral (ferrous fumarate), vitamin B12, vitamin A, vitamin D

Nutrition value per 100g

Energy	155kCal
Fat	0.77 g
Protein	17.6 g
Cholestirol	0 g
Sodium	0.21g
Carbohydrate	22.78 g
Sugar	0.5 g
Dietary Fiber	0.5 g
Iron	1.5 mg
Salt	0.53 g
Vitamin A, D	Trace
Vitamin B12	ug<1 µg



Method of preparation :

The preparation is very simple: add 50 grams of Bio Factor Hamburger dry mix to 45 ml. of water. Blend thoroughly. Allow to hydrate for 10 minutes. When necessary, the raw cheeseburgers can be frozen and stored in the freezer for up to 6 months before cooking. Cook in pan at medium/high heat using vegetable oil for 2-3 minutes per side.
Oven: 8 minutes at 180°C. Turn once.

Applications:

Barbecue, main course, on a bun with vegetables and condiments (fresh lettuce, tomatoes, onion. catchup, vegetable mayo).

Vegetarian/Vegan Hamburgers Varieties:

Vegetarian/Vegan Hamburgers, Vegetarian/Vegan Truffle Hamburgers, Vegetarian/Vegan BBQ Hamburgers, Vegetarian/Vegan Hamburgers with Vegetables, Vegetarian/Vegan Blue cheese Hamburgers, Vegetarian/Vegan Chili Hamburgers, Vegetarian Cheese Hamburgers, Vegan Cheese Hamburgers, Vegetarian/Vegan Red Red Curry Hamburgers, Vegetarian/Vegan Green Curry Hamburgers.



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