



**Group Presents Its Healthy Vegetarian/Vegan Line**

## Beef/Chicken/Turkey Burger

Vegetarian/Vegan 3 in one Burger based on vegetable protein and wheat protein. This Vegetarian/Vegan Beef/Chicken/Turkey Burger has a firm bite. The 3 in one Burger weighs 85 grams and is one of the delicacies in our product line. A tasty product that fits well within the daily hot meal. It is also great on a bun topped with vegetables and sauce. This Vegetarian/Vegan Beef/Chicken/Turkey Burger is enriched with vitamins and minerals, making it a full-fledged meal component.

**Ingredients:** For vegetarian enriched ground wheat (for gluten free instead of enriched ground wheat, potato or rice starch is used\*), textured vegetable protein, sea salt, hydrolyzed vegetable protein, black pepper oil, sunflower oil, natural smoke flavor, natural chicken flavor, natural turkey flavor, dried spices (garlic, onion, paprika and black pepper), dried vegetables (tomato, bell pepper, spinach, and carrot), xanthan gum, color (plain caramel / burned sugar), mineral (ferrous fumarate), vitamin B12, vitamin A, vitamin D.

### Nutrition value per 100g

Energy	154kCal
Fat	0.77 g
Protein	17.16 g
Cholestirol	0 g
Sodium	0.21g
Carbohydrate	22.5 g
Sugar	0.7 g
Dietary Fiber	0.5 g
Iron	1.1mg
Salt	0.53g
Vitamin A, D	Trace
Vitamin B12	ug<1µg



### Method of preparation:

The preparation is very simple: add 50 grams of Bio Factor Beef/Chicken/Turkey Burger dry mix to 45 ml. of water. Blend thoroughly. Allow to hydrate for 10 minutes. When necessary, the raw burgers can be frozen and stored in the freezer for up to 6 months before cooking. Cook in pan at medium/high heat using vegetable oil for 2-3 minutes per side. Oven: 8 minutes at 180°C. Turn once.

**Applications:** Barbecue, main course, on a bun with vegetables and condiments (fresh lettuce, tomatoes, onion, catchup, vegetable mayo).

### Vegetarian/Vegan 3 in one Beef/Chicken/Turkey Burgers Varieties:

- Vegetarian/Vegan Burgers
- Vegetarian/Vegan Truffle Burgers
- Vegetarian/Vegan BBQ Burgers,
- Vegetarian/Vegan Burgers with Vegetables
- Vegetarian/Vegan Blue cheese Burgers
- Vegetarian/Vegan Chili Burgers
- Vegetarian Cheese Burgers
- Vegan Cheese Burgers
- Vegetarian/Vegan Red Curry Burgers,
- Vegetarian/Vegan Green Curry Burgers.



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